



## NANTUCKET YACHT CLUB

### Junior Instructor Program

**MISSION:** The Junior Instructor Program is a critical part of instruction at Nantucket Yacht Club. This program serves a critical function in providing additional instructors for NYC Junior Sailing, and also in the development of the Junior Instructor as a Young Adult and a Sailing Instructor. Through this program, the Junior Instructor will be ingrained with the values and leadership that are hallmarks of the NYC Junior Sailing Program. Finally, the Junior Instructor is in a modern day apprenticeship; they will learn the etiquette and manner of maintaining regular employment, and they will learn and grow as young adults and sailing instructors by learning from great mentors. This includes skills like presentation skills, public speaking, teaching skills and strategies, safety and awareness, risk assessment and management, and general maintenance of sailboats and powerboats.

### VALUES of the Junior Instructor Program:

- **ABILITY:** The Junior Instructor must be capable of handling a boat by themselves, and must be capable of driving a boat filled with young children safely and competently. They should possess attention to detail in both maintenance and rigging/derigging, and will be trained to recognize safety concerns and preemptive judgement for safety in the position. Junior Instructors must be enrolled in programs at one of the junior sailing programs on the island.
- **COMMITMENT:** The Junior Instructor is committed to Nantucket Yacht Club Junior Sailing and to being a presence on our staff. They must spend at least 6 weeks working with the program, and must attend our Orientation Week. Exceptions to these requirements are rare, but may be obtained from the Sailing Master. The Junior Instructor makes the choice to participate in the JI program over other opportunities for employment or enrichment. Junior Instructors must be enrolled in programs at one of the junior sailing programs on the island. Finally, the JI program is an investment in future employment; training with the NYC program makes the individual a competitive applicant for any of the island sailing instruction staff teams.
- **WORK ETHIC:** The Junior Instructor must come to their position ready to work hard, and must understand that their work ethic will have a direct impact on the future of Sailing at Nantucket Yacht Club. They shall seek out responsibility by accepting, volunteering for, and being accountable for tasks. They look for additional opportunities to help and problem solve on a daily basis.
- **POSITIVE ATTITUDE:** Junior Instructors come to work excited and enthusiastic about working with children and sharing a sport/activity that they love themselves. They vocally lead and strive to create an environment that is positive, fun, and confidence-inspiring for the children in the program. They do not tolerate negative attitudes or behavior, and they speak up to counteract these issues when they arise. Finally, they enthusiastically accept opportunities to get on the water outside of work or the Junior Program; in addition to sailing in the program, they love the game.



## NANTUCKET YACHT CLUB

- **LEADERSHIP:** Through the Junior Instructor Program, we hope to groom leaders for Nantucket Yacht Club for the future. These young adults learn how to manage, encourage, and lead their peers. They will develop emotional intelligence by learning how to work in groups and how to interact effectively, as well as becoming role models themselves for the younger children in the program.

### ELIGIBILITY

- Junior Instructors shall have completed their sophomore year of High School and must be eligible for Level 1 Certification (US Sailing Members are eligible for Level 1 Certification during the year in which they turn 16).
- Junior Instructors must be Level 1 Certified through US Sailing. This includes Red Cross CPR and First Aid Certifications.
- Junior Instructors must be enrolled in the Junior Program during their employment at the NYC, or in rare cases, at another Junior Sailing Program on Nantucket.
- Employment as a Junior Instructor is not guaranteed by the above eligibility requirements. Prospective JIs shall submit a cover letter and an NYC Employment Application.
- Employment at the NYC is not guaranteed for Junior Instructors, either during their JI years or as a Senior Instructor following their time as a Junior Instructor. The Nantucket Yacht Club Sailing Staff typically has four to five former Junior Instructors on staff.

**For further questions:**

Please contact Sailing Master Justin Assad: [Justin@nantucketyachtclub.org](mailto:Justin@nantucketyachtclub.org)

**Junior Instructor**

**Parent Guardian**

---

**Print Name**

---

**Print Name**

---

**Signature**

---

**Signature**